

Emergency contacts: Police: 012 253 1000, NECSA: 012 305 3334
Harties Ambulance: 082 695 1240, Victor: 083 560 3318, Erik: 073 222 8260

www.vangaalen.co.za

John Beckley
083 628 0964
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Van Gaalen Trails

Complete Mountain Biking Trails Map of all trails

Terrace
@
Van Gaalen

Rules:

- Helmets must be worn at all times. NO helmet, NO ride!
- Many trails are multi-directional, please KEEP LEFT.
- Horses have right of way, then mountain bikers.
- No animals allowed.
- No picnics, smoking, fire or dumping of rubbish allowed.
- Stay on marked trail. Stay away from private grounds and don't climb over fences or make your own trail.
- Close gates if they were closed.
- Trails are closed on race days.
- Please report problems, blocked routes or anything strange.
- Right of admission reserved.

